Healthy Communities by Design for All Ages

Liz McNett Crowl

Policy, Systems, Environment

Community

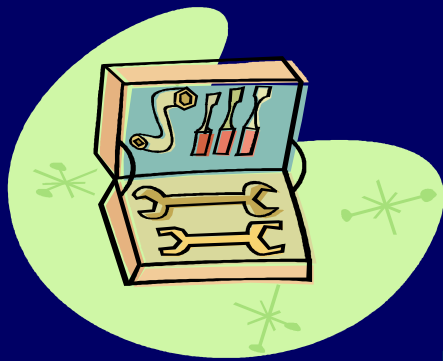**Institutional/Organizational**

Interpersonal

Individual

Spheres of Influence

How Do We Create Healthy Communities In Skagit County?

Healthy Communities Toolkit

- Convene key stakeholders
- Assess barriers and opportunities
- Prioritize and create a plan
- Implement, evaluate

Policy and environment approach

Goals

- Establish committees responsible for carrying out the priority actions

- Identify community and financial resources to meet project objectives

- Develop measures to evaluate impact

- Develop strategies to integrate the changes into the culture of the community

Priorities

- **Walking, biking and pathways**

- **Active Community Environments**

- **Children's Health**

Strategies

- **Active Communities Task Force**

  Non-motorized advisory group

  A subcommittee of the RTPO/MPO

  Diverse membership

Healthy COMMUNITIES Skagit County

ACT*ions*

- Active Community Environment Assessments

- Skagit County Bicycling Map

- Skagit County Walking and Trails Guide

- Safe Routes to School

- Technical Assistance

- The "Gap List" and Connectivity
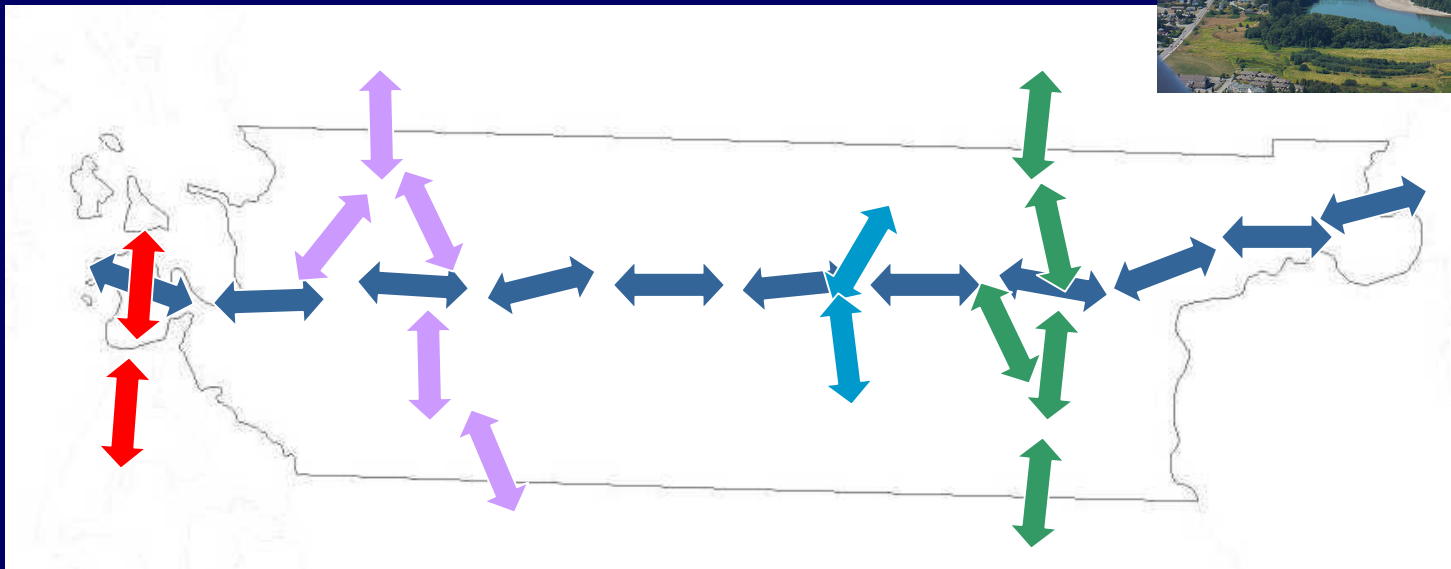
- Trails Coalition

- Trail Use Monitoring

We are serious about school zone speeds...

20 miles per hour
Monday - Friday
7 a.m. to 4 p.m.

Slow down or pay up!
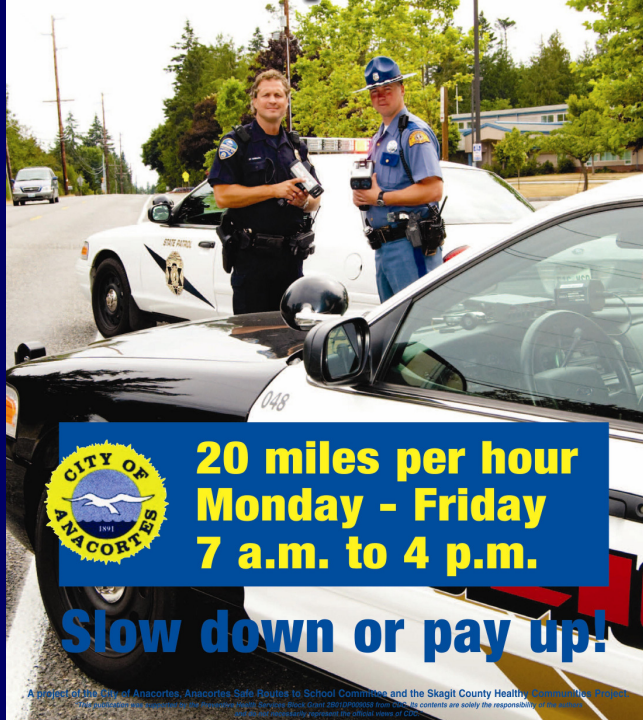
Anacortes Safe Routes to School

- Convened stakeholders

- School zone assessment

- Traffic Safety Yellow Flashing Lights Grant

- School Zone Speed Awareness Campaign

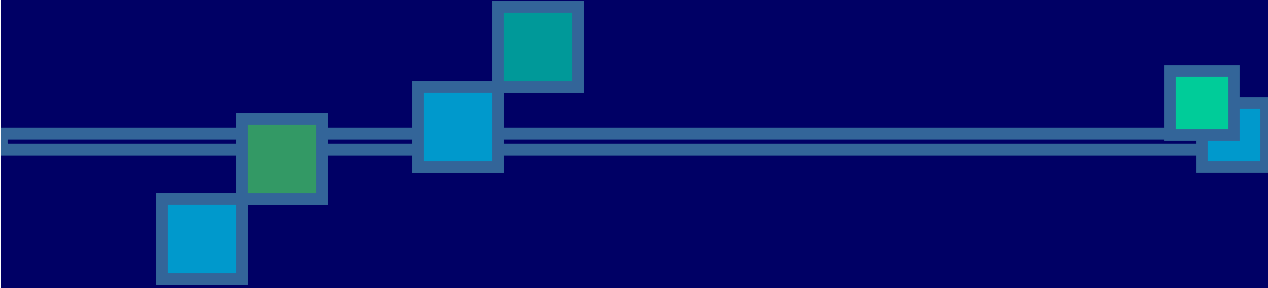- Developing Goals and Work Plan

"Gaps" and Connectivity

- Coast to Cascade and Centennial Map Books
- Master Plans/Comprehensive Plans
- Trails Coalition

Highway 20-Berentson Bridge Corridor

Elders and kids are the "canaries in the coal mine" of walkability.

If we build places and streets that make it easier to our oldest and youngest to navigate, we all benefit.

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